Preparing For Your Colonoscopy

All indicated medications must be stopped as directed before your scheduled procedure. Failure to stop medications for the duration recommended will result in being rescheduled for a different date. You may resume the stopped medications after your procedure unless otherwise instructed. ** **Contact your prescribing provider about all blood thinning medications**

*See ***Pre-Endoscopy Medication Hold Schedule*** for list of all required Medications to be held*

14 days prior to Procedure:

- Stop taking GLP1 weekly injections
- Stop taking phentermine

7 days prior to Procedure:

- Stop taking Iron supplements

5 days prior to procedure:

- Stop taking **SPECIFIC** Anti-Platelet/Anticoagulant medication (unless otherwise directed by your prescribing physician)

4 days prior to Procedure:

- Stop taking GLP1 daily injections, GLP1 daily pills, **SPECIFIC** SGLT2 inhibitors

3 days prior to Procedure:

- Stop taking **SPECIFIC** Anti-Platelet/Anticoagulant medications (unless otherwise directed by your prescribing physician), **SPECIFIC** SGLT2 inhibitors
- Avoid nuts, seeds, raw fruits, Tomatoes, Corn, other vegetables with skin or hulls, popcorn
- Increase fluid intake (Prep will cause diarrhea, hydration is important)

2 days prior to procedure

- You may eat normally, continue to increase fluids
- Take your medications as normal unless otherwise indicated
- If you have not picked up your prep, please do so